

A d a m M i c k i e w i c z
P r i m a r y S c h o o l
J a r o s ł a w

*MY
POLAND*



Project by students and teachers
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The project was prepared by pupils of 11 Primary School in Jarosław during additional, non-compulsory English lessons led by Kinga Bażant.

The aim of 'My Poland' project is to draw attention to the country, tradition and nature they live in.

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JAROSŁAW

I was born in Jarosław - the best place to live. My hometown has got a great history. You can feel it during our short walk.

Let's start!

First visit Jordanowski Park and the Park of Monte Casino Heroes.



Next place worth seeing is Baśka Puzon Park. In the past there was a Greek Orthodox graveyard. You can visit Eastern Orthodox Church there.

If you are hungry, go to Asian restaurant (3-minute-walk from the park).

Market Square is a must. Here you can explore historic tenement houses and underground trails. In summer there are many attractions such as virtual games, sky cinema, concerts, playgrounds for kids.

Now let's go to a small park where there is an art school and the statue of a very famous artist Edward Kieferling. You can sit next to him and admire the beautiful landscape of Jarosław and its surroundings.



CHRISTMAS

Twelve dishes are made for traditional Polish Christmas Eve.



Among others there is barszcz, carp, poppy seed cake. You can try cabbage and mushrooms dumplings called in Polish uszka.

We usually decorate Christmas tree at home. It is decorated with lamps and baubles. There is always one extra chair for 'lost wanderer' - unexpected guest. We put some hay under the table cloth.



Before Christmas Eve supper we share the wafer. It is a symbol of forgiveness, friendship and love.



BIESZCZADY

The best place to visit in Poland is Bieszczady. You can't miss it if you visit our country.



In Poland the highest mountain is Tarnica (1346 m asl) and in Ukraine it is Pikuj (1405 m asl).

Bieszczady is a group of two mountain ranges in Karpaty. Bieszczady are situated between two mountain passes: mountain pass Łukowska and mountain pass Wyszowska.



Bieszczady are divided into two parts, eastern and western part.

The western part of the mountains is in Ukraine and the other part is in Poland.

One hundred percent of the eastern part is situated in our country.

CHEESECAKE

My favourite cake is Malinowa Chmurka. The English don't know this cake, but we can translate it. It can be Raspberry Cloud.

Unfortunately, I cannot make it, but you can taste Raspberry Cloud in my hometown Jarosław.

Good news! I know how to make cheesecake, my second favourite Polish cake. We know the cheesecake thanks to Jan III Sobieski, a great Polish king. Its tradition comes from Vienna.

INGREDIENTS

Dough:

1 tea spoon of baking powder	1 egg
250 g flour type 450	125 g butter
1 yolk	30 g sugar



Cheese mass and eggs white:

1kg white cheese	2 packets of vanilla pudding	120 g oil
5 eggs	650 g milk	Some salt

How to make it? IT'S EASY!

DOUGH

First mix an egg with sugar in a bowl. Put the rest of ingredients and make the dough.

Put it nicely on a baking sheet.

HOW TO MAKE CHEESE MASS FOR THE CHEESECAKE

Put cheese in a bowl, add the other ingredients and mix them. Put it on the dough and bake in 180 deg. C for one hour.

MAKE WHIP WHITES

Whip whites for 1 minute with a bit of salt and sugar. Take out the cake from an oven.

Put the whipped whites on the cake and bake it for 10 minutes in 180 deg. C.

SORRY! BUT IF YOU ARE HUNGRY YOU MUST WAIT TWO HOURS! ENJOY THE CAKE!

PAWŁOSIÓW



I live in a small village Pawłosiów. It's a beautiful place. In Pawłosiów in 1915 there was a battle between Russia and Austria. In Pawłosiów there is a forest, a playground, a school, a marvellous church and a court.

In the forest there are some animals such as deer, squirrels and lots of birds. There are some fruit trees and berries, for example blueberries, nuts and cherries. Sometimes I can find there some mushrooms.

The playground isn't big but it's cool. It's next to a big primary school. The court is huge and sometimes I can see playing footballers there.

In Pawłosiów you can buy the best white cheese in Podkarpacie. There is also a shooting range. I like Pawłosiów very much and I love living there.



LUBACZÓWKA

You are next door
So close to me
I can feel Your flow
I can hear Your breath

My hands on You
gently touching Your coolness
my River
Your beauty





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